

YOU, ME, AND YOUR
TOP
THREE
P O D C A S T

2023 guest features

Thank
YOU



As we enter 2024, I find myself reflecting on the extraordinary conversations shared on our podcast throughout the past year. Your insights and contributions have added tremendous value to our platform, and I'm grateful for the opportunity to have had each of you on the show.

Your perspectives on leadership have amplified the impact of "You, Me, and Your Top Three" for our audience and contributed to our collective growth. Whether the podcast offered us the opportunity to reconnect or to meet for the first time, your willingness to share your journey has elevated our podcast and provided our listeners with enriched understanding and inspiration to draw upon.

At CGS, we take great pride in the quality of our work, be it in advising our clients or hosting engaging discussions with communities of leaders. Your presence helped amplify our impact and brought testament to the wealth of knowledge and experience present across our network.

May this year bring you continued success, fulfillment, and moments of profound inspiration. If there is ever anything my team or I can do for you, do not hesitate to reach out. You are part of our extended network ecosystem, and we pride ourselves in supporting one another and making connections.

Thank you once again for your time and expertise. Here's to a great year ahead and the continued success of your endeavors.

Greggory R. Garrett
CEO | CGS Advisors, LLC
Host | "You, Me, and Your Top Three" Podcast

Be brave!

ROOPESH DAS

Senior VP of Digital Acceleration and Innovation at Maffers McPherson



episode 151

PEOPLE MAKE INNOVATION MATTER

Roopesh's Top Three:

- Ritesh Patel
- Akiko Marusawa
- Shireen Das
- Rune Gisvold

Highlighted Quote:

"Solving today's problem gives you insights... which helps you establish credibility... and trust because those are very important if you want to solve tomorrow's problem."

ANDREW STUART

President and CEO of TD Auto Finance

episode 152

DRIVING UNCOMFORTABLE CONVERSATIONS

Andrew's Top Three:

- Sandra Moncrief
- Marc Womack
- Peter Cummings
- Allan Ferguson

Highlighted Quote:

"I'm not afraid of taking advice. I think leaders have to surround themselves with people that can give them good steering and guidance in any number of ways."



Teck Entrepreneur and Founder/CEO of Colossal Biosciences
BEN LAMM

episode 153

SMALL WORDS TO MOONSHOTS

Ben's Top Three:

- Thomas Tull
- John McKinley
- Richard Garriott
- His Grandmother

Highlighted Quote:

"Entrepreneurship and business is a team sport; and if you don't have a great team around you in every facet of that, you're just not going to win."



APRIL CLOBES

CEO of MSU Federal Credit Union



episode 154

LEADING THROUGH DIGITAL
DISRUPTION

April's Top Three:

- Patrick McPharlin
- Mark Zook
- Her MSUFCU Team

Highlighted Quote:

"The team you work with is always going to help you be centered. If you have an outstanding team, they tell you the real truth."

BRUCE SMITH

Chairman and CEO of Detroit Manufacturing Systems



episode 155

BUILDING THE INDUSTRIAL CARNIVAL

Bruce's Top Three:

- Ben Meachem
- Kristy McDonald
- Scott Cieslak
- His wife, Michelle

Highlighted Quote:

"Surround yourself with people who are smart, know how to work with others, and have mental agility."

CHRISTIAN OSWALD

CEO of Rainfall

episode 156

CONTROL THE MINUTES

Christian's Top Three:

- Mark Wales
- His children
- Jen Bailin

Highlighted Quote:

"Innovation, I think for the most part, requires a behavior change. If you think about the things ... that most people would call innovative, it's been disruptive ... because there's been a behavior change.





PIERRE BOUTIN

President & CEO of
Volkswagen Group Ireland



CHASE KUSHAK

President of Blake's Hard Cider Co.
and Partner of Gypsy Vodka



CARLENE BILLS

President & CEO of
Ford Component Sales, LLC



ANTHONY LAVERDE

CEO of Emagine Entertainment

If you enjoyed your own experience
and have a 2024 guest recommendation,
email quinne.duhr@cgsadvisors.com

releasing in
2024

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in partnership with You, Me, and Your Top Three



innovate | connect | grow

www.cgsadvisors.com

info@cgsadvisors.com

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